

Dr. Cardon and Dr. Johnson of Cascade Foot & Ankle are now offering a variety of skin treatments. We are offering a new service called . . .

# Foot Facials

## Sole Therapy's Exclusive Foot Facial

For one luxurious hour you will receive the ultimate pedicure treatment - eight specific products designed to treat your overworked feet. To finish off this amazing session, you will receive a deep tissue massage from your toes to your knees.

- A nice warm foot soak
- Your skin will be cleansed with Vitamin C
- Followed by a skin softening spray
- Working into a thermal exfoliating scrub
- The skin will be prepped with a mild glycolic acid to enhance the removal of callouses, your nails trimmed if you desire this service.
- A soothing mint mask will be applied to the feet and shins.
- A copper hydrating cream will be applied to the soles of your feet, ending the entire treatment. A glycolic cream will be applied to feet and legs, with a deep massage applied to the feet up to the knees.

If you should desire to have your nails painted, you will need to bring your own polish, and make sure the request is made at the time of booking so extra time can be set aside for this service.

***Being offered to you for a limited time for \$60.***

**SOLE THERAPY**  
MEDICAL DAY SPA

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